



Primary Eyecare
Cambridgeshire

NHS

**Cambridgeshire and Peterborough
Clinical Commissioning Group**

Minor Eye Problems?

A stylized illustration of a human eye. The iris is a vibrant blue, and the pupil is a solid black circle. The eye is framed by thick, black, curved lines representing the upper and lower eyelids. The overall style is clean and modern.

If you have a recent problem with your eyes such as sore eyes, red eyes or visual disturbance, you can be assessed and treated by the Minor Eye Conditions Service.

This is a FREE NHS service available from a number of local optometry practices (opticians).

This leaflet will tell you more about the service, how to book an appointment and who is eligible for this service.

What is the Minor Eye Conditions Service?

This is a free NHS service available from specially trained Optometrists in your local area.

The service is available to patients **over the age of 16 years** and **registered with a GP practice** in Royston, Cambridge City, Cambridge North/South, Huntingdon, St Ives, St Neots, East Cambridgeshire, Wisbech and Parson Drove.

Some eye conditions are safe to be assessed and treated in the community, such as:

- Some types of red eyes or eye lids
- Dry eyes or gritty and uncomfortable eyes
- Irritated or inflamed eyes
- Sticky discharge or watery eyes
- Ingrown eyelashes
- Foreign bodies in the eye
- Some types of flashes and floaters
- Recent and sudden loss of vision.

Please note that this is not a sight test.

If you have a major eye condition that is being regularly monitored by your Optometrist or Hospital Eye Service, for example Cataract or Glaucoma, this will not be covered by this service.

On the day of the appointment

Please take your glasses and a list of your current medication with you to the appointment.

The Optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

Please note that only the Anglia Ruskin University Eye Clinic has the specialist equipment to be able to accommodate wheelchair users.

If your eye condition is more serious, the optometrist will organise an appointment at a Hospital Eye Clinic.

Where should I go?

The list of Optometry practices (Opticians) offering the service is listed on the following pages of this leaflet. Within these practices there will be Optometrists specially trained to see the Minor Eye Conditions listed.

To make an appointment, call one of the Optometry practices listed. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service.

You can also walk in without an appointment but you may be required to wait for an available appointment or the Optometrist may agree with you to book you in for an appointment at another time. This may be because there are no available appointments or because the Optometrist may need to put drops in your eyes (see 'On the day of the appointment' for further explanation).

List of Optometry practices offering the Minor Eye Conditions Service

A & I Lask 42 Chesterton Road, Cambridge CB4 1EN	01223 357303
Adlam & Coomber 14 Brook St, St Neots , Cambs PE19 2BP	01480 472051/215002
Anglia Ruskin University Eye Clinic East Road, Cambridge CB1 1PT	01223 698070
Boots Opticians 20-21, Lion Yard Shopping Centre, Cambridge CB2 3NA	01223 360006
D Murphy Optometrists 34 Newmarket Road, Cambridge CB5 8DT	01223 351819
Eyes of Swavesey 2 Station Road, Swavesey , Cambs CB24 4QJ	01954 231158
Gathercole & Ward - Huntingdon 36 High St, Huntingdon , Cambs PE29 3AQ	01480 453208
Gathercole & Ward - Ramsey 102 High Street, Ramsey , Huntingdon, Cambs PE26 1BS	01487 812358

Howes Opticians 33-37 High St, Royston , Herts SG8 9AA	01763 243132
Specsavers 13-15 Fitzroy St, Cambridge CB1 1ER	01223 305241
Specsavers 30 Lion Yard Shopping Centre, Cambridge CB2 3NA	01223 366805
Specsavers 128 High St, Huntingdon , Cambs PE29 3NE	01480 457800
Specsavers 1 The Guineas, Newmarket , Suffolk CB8 8EQ	01638 565270
Specsavers 13 High Street, St Neots PE19 1BU	01480 210820
Spectacular Opticians 16 High Street, Chatteris , Cambs PE16 1BG	01354 694666
Spectacular Opticians 2 Maltings Mall, Downham Market , Norfolk, PE38 9DH	01366 385241
Spectacular Opticians 7a High Street, Ely , Cambs CB7 4LJ	01353 659333
Spectacular Opticians 3 Station Road, March , Cambridgeshire PE15 8LB	01354 650115
Spectacular Opticians 126 High Street, Newmarket , Suffolk, CB8 8JP	01638 662774

If you are not entitled to free NHS prescriptions you may be charged for any medication you require.

Please discuss your options with the Optometrist.

Concerned about this service?

If you feel dissatisfied with this service and you wish to make a complaint please contact the Primary Eyecare (Cambridgeshire) Ltd

at: **Primary Eyecare (Cambridgeshire) Ltd**
42 Chesterton Road, Cambridge CB4 1EN
☎ 03303 033334